Amendments to the claims:

Claims 1 – 12 (Cancelled)

Please add new claims 13 – 27 to the application as follows:

13. (New) A castor comprising a fork having a pair of lobes between which extend a transverse axle carrying at least one wheel rotatable thereon, and a connection member for connecting the castor to a frame or chassis of an object such as a trolley, the wheel and the connection member being connected together by at least one bolt or rivet and a bearing assembly; characterized in that the bolt or rivet is freely rotatable on the bearing assembly; in that the fork is freely rotatable relative to the bearing assembly; and in that the fork and the bolt or rivet, are independently rotatable relative to one another.

14. (New) A castor according to claim 13 wherein the fork and the connection member are connected together by said at least one bolt or rivet and the bearing assembly, and wherein the fork, the connection member and the bolt or rivet are all independently rotatable relative to one another.

15. (New) A castor according to claim 13 wherein the fork is freely rotatable on a first bearing with respect to a first member connected to the fork; the first member is freely rotatable on a second bearing with respect to a second member connected to the first member; the second member being adapted for connection to a frame or chassis of a load bearing object such as the trolley.

16. (New) A castor according to claim 15 wherein the first and second bearings are on aligned axes.

17. (New) A castor according to claim 13 wherein the bearing assembly includes at least three roller or ball bearings.

18. (New) A castor according to claim 15 wherein the first bearing is a thrust bearing.

19. (New) A castor according to claim 3 wherein the first bearing is a journal bearing.

20. (New) A castor according to claim 14 wherein the second bearing is a journal bearing.

21. (New) A castor according to claim 15 wherein the second member is welded to the frame or chassis.

22. (New) A castor according to claim 15 wherein the fork, the first member and the second member are held in aligned assembly by said at least one bolt or rivet.

23. (New) A castor according to claim 15 wherein the first member includes a rotational bearing axially aligned with the axis of rotation of said first member.

24. (New) A castor according to claim 15 wherein the second member comprises a pair of axially aligned rotational bearings, each being axially aligned with the second member.

25. (New) A castor according to claim 21 wherein said at least one bolt or rivet is independently rotatable with respect to the fork and the second member.

26. (New) A castor, comprising:

a fork including two opposing lobes interconnect to one another along respective upper ends by a cross member; an upright assembly having a lower end attached to said cross member, said upright assembly comprising a longitudinally disposed bolt; an inner member abutting said bolt; a plurality of bearing assemblies concentrically disposed about said bolt; and an outer member enclosing one or more bearing assemblies of said plurality of bearing assemblies;

a fixed member attached to an upper end of said fork, said fixed member adapted to be fixedly attached to a load bearing object; and,

an axially disposed wheel attached between respective lower ends of said lobes; wherein, said plurality of bearing assemblies further comprising,

a thrust bearing disposed between said inner member, said cross member, and said outer member;

a journal bearing disposed between said bolt and said outer member; and,

at least one journal bearing disposed between said bolt and said fixed member.

27. (New) A castor comprising:

an upright assembly comprising a bolt, a lower bearing assembly attached to a lower end of said bolt. an upper bearing assembly attached to an upper end of said bolt, and an upper housing enclosing said upper bearing assembly;

a fork attached to a lower end of said upright assembly,

said fork comprising two opposing lobes, a cross member attached to respective upper edges of said lobes, and a cylindrical lower housing centrally disposed along said cross member, said lower housing enclosing said lower bearing assembly;

an axially disposed wheel attached between respective lower ends of said lobes; wherein, said upper bearing assembly comprises a plurality of upper journal bearings; and,

wherein said lower bearing assembly comprising a plurality of lower journal bearings.